

OBJECTIVES:

Dry Eye Disease. Dr. Jessilin Quint – 1 CE RPh & Technician (Live via Zoom)

Pharmacists Objectives:

- 1. Describe the pathophysiology of Dry Eye Disease.
- 2. Identify risk factors for Dry Eye Disease.
- 3. Discuss treatment modalities for Dry Eye Disease.

Technicians objectives:

- 1. Describe the pathophysiology of Dry Eye Disease.
- 2. Identify risk factors for Dry Eye Disease.
- 3. Discuss treatment modalities for Dry Eye Disease.

The Mind Body Connection. Sarah Vincent – 1 CE RPh & Technician (Live via Zoom)

Pharmacist & Technician Objectives:

- 1. Define and describe the stress response and the relaxation response including physiological changes which occur.
- 2. Describe our brain's influence on the stress response and the mind body connection.
- 3. Recognize the relaxation response.
- 4. Describe coping mechanisms to enhance the relaxation response.

Updates on CAP Guidelines. Colleen Teevan – 1 CE RPh (Live via Zoom)

Objectives:

- 1.Recognize differences between the 2019 Community Acquired Pneumonia Guidelines and the previous guidelines
- 2. Review the guidelines and patient-specific factors to develop a treatment regimen for a patient with CAP
- 3. Identify antimicrobial stewardship opportunities in the context of CAP treatment

The Changing Face of Anticoagulation: Is Warfarin Dead? Phillip Gall – 1 CE RPh (Live via Zoom) Objectives

- 1. Briefly review current oral anticoagulant (OAC) options and their approved indications
- 2. Review updated treatment guidelines for atrial fibrillation (AF) and venous thromboembolism (VTE)
- 3. Discuss the use of direct oral anticoagulants (DOACs) in controversial areas
- 4. Explore the usage of DOACs for new indications

Dr. Nirav Shah: Challenges Faced by Pharmacies in a Pandemic World- 0.5 CE's Tech and RPh- (Live via Zoom)

Pharmacist & Technician Objectives

- 1. To educate attendees on the latest information regarding Maine's response to the COVID-19 pandemic
- 2. To discuss with attendees the impact on pharmacies of vaccine development (interactive)
- 3. Horizon issues (interactive)

Legislative Update. Amelia Arnold- 1 CE Tech and RPh (Live Via Zoom)

Pharmacist & Technician Objectives

- 1. Identify recent activity from the Maine legislature that may affect pharmacies
- 2. Review activity of the Maine Board of Pharmacy that may affect pharmacists and technicians
- 3. Discuss the federal landscape for pharmacy legislation and how it may affect the practice of pharmacy
- 4. Describe steps to improve member outreach and engagement in MPA advocacy efforts

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<u>Diabetes Pharmacotherapy Update 2020.</u> Dr. Hailey Choi – 1 CE RPh (Enduring)

Objectives

- Summarize important updates to the American Diabetes Association (ADA) Standards of Medical Care in Diabetes 2020
- 2. Explain cardiovascular and renal outcomes of medications for Type 2 Diabetes Mellitus
- 3. Discuss new and emerging medications and technologies in management of diabetes
- 4. Recommend evidence-based treatment regimen to optimize outcomes for patients with diabetes

Geriatric Care for the Most Geriatric State (Maine). Dr. Cassie White – 1 CE RPh (Enduring)

Objectives

- 1. Identify normal physiological changes that occur with aging
- 2. Recall the concept of functional status and how it affects the clinical care of geriatric patients
- 3. Discuss medication appropriateness and drug-related problems in older adults

Shots for Tots: The pharmacist's role in expanding access to vaccines for children- 2020 Immunization Update with Dr. Kenneth McCall: - 2 CE RPh (Enduring)

Objectives

- 1. Review the routine child vaccination schedule for DTaP, inactivated poliovirus, MMR, and Varicella.
- 2. Review the adolescent vaccination schedule for HPV.
- 3. Recognize the storage, preparation and route of administration for DTaP, inactivated poliovirus, MMR, Varicella and HPV.
- 4. Categorize each of the available child vaccines based on live/inactivated status and recognize vaccine contraindications.
- 5. Apply the ACIP immunization schedule and recommend vaccines for children age 4 to 17.

Medication Assisted Treatment. Dr. Julia McDonald - 1 CE RPh (Enduring) Objectives

- 1. Using an interdisciplinary team-based model, illustrate the experience of a patient receiving medication assisted treatment for opiate use disorder using buprenorphine/naloxone therapy in an outpatient, primary care setting
- 2. Explain a patient's enrollment/induction period for buprenorphine, the stabilization care plan, and, when appropriate, the plan for taper
- 3. Identify follow up and adjuvant care, discuss social determinants of health.
- 4. Explore potential collaborations (with pharmacists) to improve outcomes.

Herbal Medicine & Self Care. Dr. John Woytowicz: —1 CE RPh (Enduring)

Objectives

- 1. List the multiple properties of Herbal Remedies
- 2. Identify medicinal plants appropriate to reduce stress and anxiety
- 3. Select a botanical remedy appropriate for secondary conditions: Hypertension, indigestion, or headache